

Krystal L. Hodge

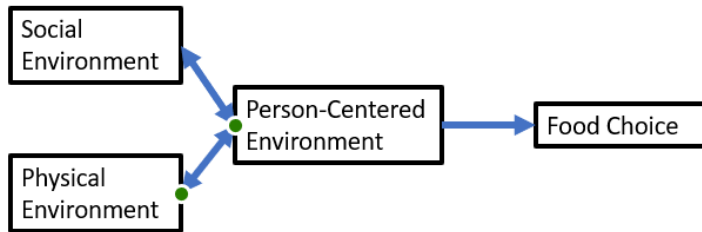
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Dietary intake is a modifiable factor associated with obesity, diabetes, heart disease and cancer. Because there are many factors that influence dietary intake, nutrition programs that address multiple factors at individual, family, community, and policy levels simultaneously are important in order to increase the likelihood of behavior change.



Research Interests

- Behavioral science and nutrition education
- Impact of the food environment on food choice
- Food access and nutrition security
- Multi-level community nutrition programs

Current Projects

- Partners in Produce community food access project
- Illinois Physical Activity and Life skills (iPals) program
- Barriers and Facilitators to Online Grocery Shopping in Low-Income Populations
- Abriendo Caminos

Keywords

Nutrition education, food choice, nutrition security, obesity prevention, curriculum development, program evaluation

Interest Areas for Collaboration/Future Work

Dr. Hodge is interested in collaborating to explore how the physical, social and person-centered food environments impact food choice, dietary patterns, and dietary-related health outcomes.