

# Minakshi Raj

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Family caregivers often assist older adults with health care tasks including communicating with clinicians and implementing clinical recommendations in the home or in institutional settings. Supporting these family caregivers through policy, technology, and inclusive care delivery is critical to their responsibilities and wellbeing.



## Keywords

Caregiving, aging, inclusive organizations, health policy, health administration, dietary cultural inclusivity

## Research Interests

- Evaluation of policies, practices, and technology to engage family caregivers in health care
- Development of interventions to support family caregivers in their responsibilities and wellbeing
- Approaches to improve quality and promote cultural inclusivity in health care organizations

## Current Projects

- *SPICE-Healthcare*: Promoting dietary cultural inclusivity in health care institutions
- Supporting family caregivers in preparing culturally and medically tailored meals

## Interest Areas for Collaboration/Future Work

Dr. Raj is interested in working with experts in nutrition and dietetics, information sciences, and data scientists to develop tools to support family caregivers and clinicians in providing and applying culturally and medically tailored dietary guidance. (culture, dietary inclusivity, aging)